

2013 Section VIII Cross Country
 Nassau County Championships Race: Girls
 ===== 5 Kilometers =====
 Bethpage State Park 11/2/2013

Results by Bob Beer

Place	TmPl	Numb	Name	Gr	School	Time	St
=====	=====	=====	=====	=====	=====	=====	=====
1	1	1812	Steph Gerland	10	Garden City HS	18:36.6	B
2	2	1458	Grace Moore	10	Calhoun HS	18:47.4	A
3	3	1500	Lauren Gruber	10	Syosset HS	18:49.4	A
4	4	1514	Reilly Siebert	8	Syosset HS	18:54.9	A
5	5	1811	Jen Gerland	11	Garden City HS	19:19.5	B
6	6	1140	Isabella Pascucci	11	Friends Academy	19:28.0	C
7		1893	Daniela LoCastro	10	Cold Spring Harb	19:36.2	B
8		1655	Nicole Giannetti	12	Oyster Bay HS	19:37.7	C
9	7	1076	Stacie Nadel	11	North Shore HS	19:44.7	B
10	8	1080	Alexandra Osman	12	North Shore HS	19:48.2	B
11	9	1075	Monica Morra	10	North Shore HS	19:49.3	B
12	10	1773	Megan Gordon	9	Wantagh HS	19:50.3	B
13	11	1774	Avery Kratzer	12	Wantagh HS	19:51.2	B
14	12	1087	Diana Vizza	10	North Shore HS	19:56.0	B
15	13	1460	Nadya Resnick	8	Calhoun HS	20:03.0	A
16	14	1059	Stephanie Bazan	10	North Shore HS	20:06.3	B
17		1315	Nicole Connolly	12	Division Avenue	20:07.3	B
18		1183	Zhaneia Thybulle	8	Elmont HS	20:14.8	A
19	15	1009	Joelle Feinberg	12	Port Washington	20:15.4	A
20	16	1615	Madison McGlone	12	JFK Bellmore HS	20:21.8	B
21	17	1488	Kayla Beovich	10	Syosset HS	20:23.8	A
22	18	1807	Caroline Ferri	11	Garden City HS	20:25.4	B
23	19	1449	Emma Joseph	10	Calhoun HS	20:27.2	A
24	20	1101	Sarah Morgan	10	Floral Park HS	20:35.0	B
25	21	1494	Samantha DeStefani	8	Syosset HS	20:39.1	A
26	22	1138	Katrina Garry	12	Friends Academy	20:39.4	C
27	23	1352	Kara McKenna	12	Massapequa HS	20:50.7	A
28	24	1671	Olivia Plansker	8	Manhasset HS	20:54.2	B
29	25	1519	zoe stricoff	11	Syosset HS	20:55.6	A
30	26	1667	Catherine Matteo	10	Manhasset HS	20:57.0	B
31	27	1465	Katie Woo	12	Calhoun HS	20:59.0	A
32	28	1808	Laurel Fisher	11	Garden City HS	21:02.5	B
33	29	1572	Juliette Milman	10	Jericho HS	21:02.9	B
34		1474	Kathryn Veron	12	Carey HS	21:08.5	B
35	30	1120	Taylor Held	11	Mepham HS	21:08.8	A
36	31	1817	Sarah Rubino	12	Garden City HS	21:11.1	B
37	32	1566	Celeste Traub	9	Jericho HS	21:13.3	B
38	33	1644	Maya Mualem	9	Great Neck North	21:13.9	B
39	34	1396	Lauren McDonough	12	South Side HS	21:16.1	B
40		1791	Melissa Ward	12	Long Beach HS	21:16.8	A
41	35	1678	Catherine Weppler	12	Manhasset HS	21:18.4	B
42	36	1088	Katherine Doering	11	North Shore HS	21:19.6	B
43	37	1872	Charlotte Astreg	12	Mepham HS	21:21.0	A
44	38	1620	Alexis Tillman	10	JFK Bellmore HS	21:22.9	B
45	39	1361	Stepahnie Seedorf	11	Massapequa HS	21:23.3	A
46	40	1359	Taylor Rettig	10	Massapequa HS	21:24.1	A
47	41	1078	Morgan Nerud	10	North Shore HS	21:27.1	B
48	42	1410	Molly Quinn	10	South Side HS	21:32.1	B

49	1186	Erika Feurtado	9	Elmont HS	21:33.2	A
50	43 1777	Marisa Polack	11	Wantagh HS	21:34.9	B

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Place	TmPl	Numb	Name	Gr	School	Time	St
=====	=====	=====	=====	=====	=====	=====	=====
51		1173	Grace Blinkoff	10	Glen Cove HS	21:36.1	B
52	44	1730	Nicolette Agostinac	10	MacArthur HS	21:37.2	A
53	45	1139	Harmony Grodsky	12	Friends Academy	21:40.1	C
54		1028	Joanna DeSousa	10	Plainedge HS	21:40.9	B
55		1321	Sarah Carbonaro	9	Roslyn HS	21:42.3	B
56	46	1118	Tara DeRosa	11	Mepham HS	21:43.2	A
57	47	1670	Paulina Parsons	12	Manhasset HS	21:44.3	B
58		1653	Linda Cameron	11	Oyster Bay HS	21:44.9	C
59		1228	Charlotte Gondre	11	Baldwin HS	21:46.0	A
60	48	1109	Olivia Shipley	12	Mepham HS	21:47.0	A
61	49	1344	Meghan Dearstyne	10	Massapequa HS	21:50.0	A
62	50	1805	Emily Daempfle	9	Garden City HS	21:51.8	B
63	51	1018	Carly Perlmutter	9	Port Washington	21:53.9	A
64	52	1015	Christina Marinelli	10	Port Washington	21:54.2	A
65		1649	Kiera Donovan	10	West Hempstead H	21:55.6	B
66	53	1126	Briana Noto	10	Mepham HS	21:56.3	A
67		1651	Laura Angelone	9	Oyster Bay HS	21:57.2	C
68		1329	Alyssa Neo	10	Roslyn HS	22:00.3	B
69	54	1047	Cristina Maher	9	Farmingdale HS	22:01.8	A
70	55	1044	Samantha Giordano	12	Farmingdale HS	22:02.1	A
71	56	1141	Kara McNelis	12	Friends Academy	22:03.0	C
72	57	1491	Alex Bruefach	12	Syosset HS	22:03.9	A
73	58	1338	Allie Aird	10	Massapequa HS	22:04.2	A
74	59	1498	Meghan Galvin	11	Syosset HS	22:10.2	A
75	60	1661	Jennifer Cook	12	Manhasset HS	22:10.7	B
76	61	1022	Beatriz Chavarria	9	Port Washington	22:14.1	A
77	62	1602	Emily Bonanno	11	JFK Bellmore HS	22:14.9	B
78	63	1004	Nicole Boyd	12	Port Washington	22:15.1	A
79	64	1916	Catherine Sullivan	11	Friends Academy	22:15.7	C
80	65	1416	Sofia Tavella	10	South Side HS	22:16.6	B
81	66	1451	Ashley Harten	11	Calhoun HS	22:17.6	A
82		1297	Christina Litos	10	Herricks HS	22:19.8	A
83	67	1369	Caroline Mueller	12	Mineola HS	22:20.7	B
84	68	1043	Margaret Velez	11	Farmingdale HS	22:24.0	A
85	69	1198	Margaret Reid	11	Locust Valley HS	22:24.2	B
86	70	1604	Olivia Conlon	9	JFK Bellmore HS	22:25.3	B
87	71	1010	Emma Feldman	10	Port Washington	22:26.3	A
88	72	1736	Kierstan Gaertner	12	MacArthur HS	22:27.1	A
89	73	1677	Allison Weilep	10	Manhasset HS	22:28.4	B
90	74	1130	Samantha Coppola	10	Mepham HS	22:28.6	A
91	75	1642	Victoria Liu	9	Great Neck North	22:29.3	B
92	76	1782	Shea Weber	11	Wantagh HS	22:33.4	B
93	77	1464	Juliann Vizoso	10	Calhoun HS	22:34.5	A

94	1530	Carly Howard	12	East Rockaway HS	22:36.7	C
95	1175	Thais Delima	9	Glen Cove HS	22:37.7	B
96	1204	Brianna Pereira	9	Clarke HS	22:40.1	B
97	78 1740	Kristen Politi	12	MacArthur HS	22:43.6	A
98	1784	Jayne Hommel	12	Long Beach HS	22:48.8	A
99	1824	Collette Davies	9	Hewlett HS	22:50.5	B
100	1840	Natalie Weintraub	11	Hewlett HS	22:51.6	B

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Place	TmPl	Numb	Name	Gr	School	Time	St
=====	=====	=====	=====	=====	=====	=====	=====
101	79	1769	Paige Craig	12	Wantagh HS	22:52.9	B
102	80	1399	Mairead Milan	11	South Side HS	22:56.4	B
103	81	1610	Hannah Gallo	11	JFK Bellmore HS	22:57.8	B
104	82	1676	Isabelle Van Roy	10	Manhasset HS	22:58.6	B
105	83	1107	Aswathy Vinod	9	Floral Park HS	22:59.1	B
106	84	1540	Fiona Comer	8	Floral Park HS	23:07.2	B
107	85	1346	Alexa Goldman	12	Massapequa HS	23:12.3	A
108	86	1780	Alyssa Soethout	11	Wantagh HS	23:18.1	B
109	87	1815	Katherine Mc Gannon	12	Garden City HS	23:18.4	B
110	88	1766	Shannon Auletta	12	Wantagh HS	23:18.6	B
111	89	1608	Erika Fuchs	11	JFK Bellmore HS	23:23.8	B
112	90	1381	Miranda D'Accordo	12	South Side HS	23:25.7	B
113	91	1142	Katie Pappas	11	Friends Academy	23:27.0	C
114		1692	Rebekah Buon	8	Valley Stream No	23:27.4	B
115	92	1012	Sophie Germaine	9	Port Washington	23:31.2	A
116	93	1353	Devin McQuillian	11	Massapequa HS	23:36.9	A
117	94	1046	Marisa Capucciati	12	Farmingdale HS	23:41.6	A
118	95	1116	Lisa Condoluci	11	Mepham HS	23:41.9	A
119	96	1404	Grace Ohanian	12	South Side HS	23:42.4	B
120	97	1923	Jackie Marone	12	MacArthur HS	23:45.7	A
121	98	1388	Brigit Kelly	9	South Side HS	23:49.0	B
122	99	1609	Julia Gallati	11	JFK Bellmore HS	23:51.3	B
123	100	1635	Corinne Haber	12	Great Neck North	23:52.9	B
124	101	1647	Michelle Toker	11	Great Neck North	23:55.1	B
125	102	1581	Naomi Albinder	12	Jericho HS	23:57.5	B
126	103	1195	Kristy Jahchan	9	Locust Valley HS	24:02.1	B
127	104	1197	Siobhan O'Neill	11	Locust Valley HS	24:02.3	B
128	105	1192	Madeline Casalino	11	Locust Valley HS	24:04.0	B
129	106	1580	Seyun Yoon	11	Jericho HS	24:06.8	B
130	107	1367	Marissa Karasz	10	Mineola HS	24:12.8	B
131	108	1632	Juliet Freudman	12	Great Neck North	24:21.7	B
132	109	1567	Sabrina Wong	9	Jericho HS	24:24.7	B
133	110	1461	Allison Segal	12	Calhoun HS	24:30.8	A
134	111	1738	Courtney Minoque	12	MacArthur HS	24:32.6	A
135	112	1365	Deborah Gabbay	11	Mineola HS	24:35.6	B
136	113	1051	Zoe Zeberski	10	Farmingdale HS	24:39.5	A
137	114	1054	Julia Maher	11	Farmingdale HS	24:47.4	A
138	115	1200	Amanda Weiss	10	Locust Valley HS	24:50.1	B

139		1652	Christina Masiakos	11	Oyster Bay HS	25:03.1	C
140	116	1573	Sylvia Peng	10	Jericho HS	25:08.1	B
141	117	1643	Ella Mualem	11	Great Neck North	25:10.8	B
142		1559	Alyssa Meltzer	11	Valley Stream Ce	25:11.6	A
143	118	1568	Cynthia Chu	10	Jericho HS	25:31.2	B
144	119	1102	Maeve O'Sullivan	12	Floral Park HS	25:49.3	B
145	120	1631	Ariela Frenkel	11	Great Neck North	25:52.9	B
146	121	1042	Jamayra Soto	10	Farmingdale HS	25:58.5	A
147	122	1100	Emily McGovern	12	Floral Park HS	26:01.5	B
148	123	1105	Julia Smith	11	Floral Park HS	26:14.9	B
149		1697	Miracle Onouha	9	Valley Stream No	26:21.6	B
150	124	1194	Paige Gugerty	11	Locust Valley HS	26:32.9	B

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Place	TmPl	Numb	Name	Gr	School	Time	St
151	125	1372	Emily Skupp	10	Mineola HS	26:51.4	B
152	126	1366	Briana Galimi	10	Mineola HS	28:53.9	B
153	127	1370	Claudia Serna	10	Mineola HS	29:07.2	B

***** TEAM SCORE *****

2013 Section VIII Cross Country
 Nassau County Championships Race: Girls
 ===== 5 Kilometers =====
 Bethpage State Park 11/2/2013
 Results by Bob Beer

1.	50	North Shore HS	(19:52.9 99:24.5 0:21.6)
=====			
1	7	Stacie Nadel	19:44.7 B
2	8	Alexandra Osman	19:48.2 B
3	9	Monica Morra	19:49.3 B
4	12	Diana Vizza	19:56.0 B
5	14	Stephanie Bazan	20:06.3 B
6	(36)	Katherine Doering	21:19.6 B
7	(41)	Morgan Nerud	21:27.1 B
2.	70	Syosset HS	(19:56.6 99:42.8 2:06.2)
=====			
1	3	Lauren Gruber	18:49.4 A
2	4	Reilly Siebert	18:54.9 A
3	17	Kayla Beovich	20:23.8 A
4	21	Samantha DeStefani	20:39.1 A
5	25	zoe stricoff	20:55.6 A
6	(57)	Alex Bruefach	22:03.9 A
7	(59)	Meghan Galvin	22:10.2 A
3.	83	Garden City HS	(20:07.1 100:35.1 2:34.5)

=====			
1	1	Steph Gerland	18:36.6 B
2	5	Jen Gerland	19:19.5 B
3	18	Caroline Ferri	20:25.4 B
4	28	Laurel Fisher	21:02.5 B
5	31	Sarah Rubino	21:11.1 B
6	(50)	Emily Daempfle	21:51.8 B
7	(87)	Katherine Mc Gannon	23:18.4 B

4. 127 Calhoun HS (20:30.9 102:34.2 3:30.2)

=====			
1	2	Grace Moore	18:47.4 A
2	13	Nadya Resnick	20:03.0 A
3	19	Emma Joseph	20:27.2 A
4	27	Katie Woo	20:59.0 A
5	66	Ashley Harten	22:17.6 A
6	(77)	Julian Vizoso	22:34.5 A
7	(110)	Allison Segal	24:30.8 A

5. 192 Manhasset HS (21:25.0 107:04.6 1:16.5)

=====			
1	24	Olivia Plansker	20:54.2 B
2	26	Catherine Matteo	20:57.0 B
3	35	Catherine Wepler	21:18.4 B
4	47	Paulina Parsons	21:44.3 B
5	60	Jennifer Cook	22:10.7 B
6	(73)	Allison Weilep	22:28.4 B
7	(82)	Isabelle Van Roy	22:58.6 B

6. 193 Friends Academy (21:13.3 106:06.2 2:47.7)

=====			
1	6	Isabella Pascucci	19:28.0 C
2	22	Katrina Garry	20:39.4 C
3	45	Harmony Grodsky	21:40.1 C
4	56	Kara McNelis	22:03.0 C
5	64	Catherine Sullivan	22:15.7 C
6	(91)	Katie Pappas	23:27.0 C

7. 209 Massapequa HS (21:30.5 107:32.3 1:13.5)

=====			
1	23	Kara McKenna	20:50.7 A
2	39	Stepahnie Seedorf	21:23.3 A
3	40	Taylor Rettig	21:24.1 A
4	49	Meghan Dearstyne	21:50.0 A
5	58	Allie Aird	22:04.2 A
6	(85)	Alexa Goldman	23:12.3 A
7	(93)	Devin McQuillian	23:36.9 A

8. 214 Mepham HS (21:35.3 107:56.3 0:47.5)

=====			
1	30	Taylor Held	21:08.8 A
2	37	Charlotte Astreg	21:21.0 A
3	46	Tara DeRosa	21:43.2 A
4	48	Olivia Shipley	21:47.0 A
5	53	Briana Noto	21:56.3 A
6	(74)	Samantha Coppola	22:28.6 A
7	(95)	Lisa Condoluci	23:41.9 A

9. 219 Wantagh HS (21:20.6 106:42.7 3:02.6)

=====

1	10	Megan Gordon	19:50.3 B
2	11	Avery Kratzer	19:51.2 B
3	43	Marisa Polack	21:34.9 B
4	76	Shea Weber	22:33.4 B
5	79	Paige Craig	22:52.9 B
6	(86)	Alyssa Soethout	23:18.1 B
7	(88)	Shannon Auletta	23:18.6 B

10. 242 Port Washington (21:42.6 108:32.7 1:59.7)

=====

1	15	Joelle Feinberg	20:15.4 A
2	51	Carly Perlmutter	21:53.9 A
3	52	Christina Marinelli	21:54.2 A
4	61	Beatriz Chavarria	22:14.1 A
5	63	Nicole Boyd	22:15.1 A
6	(71)	Emma Feldman	22:26.3 A
7	(92)	Sophie Germaine	23:31.2 A

11. 267 JFK Bellmore HS (21:52.6 109:22.7 2:36.0)

=====

1	16	Madison McGlone	20:21.8 B
2	38	Alexis Tillman	21:22.9 B
3	62	Emily Bonanno	22:14.9 B
4	70	Olivia Conlon	22:25.3 B
5	81	Hannah Gallo	22:57.8 B
6	(89)	Erika Fuchs	23:23.8 B
7	(99)	Julia Gallati	23:51.3 B

12. 311 South Side HS (22:17.4 111:26.9 2:09.6)

=====

1	34	Lauren McDonough	21:16.1 B
2	42	Molly Quinn	21:32.1 B
3	65	Sofia Tavella	22:16.6 B
4	80	Mairead Milan	22:56.4 B
5	90	Miranda D'Accordo	23:25.7 B
6	(96)	Grace Ohanian	23:42.4 B
7	(98)	Brigit Kelly	23:49.0 B

13. 378 Jericho HS (22:57.1 114:45.2 3:21.8)

=====

1	29	Juliette Milman	21:02.9 B
2	32	Celeste Traub	21:13.3 B
3	102	Naomi Albinder	23:57.5 B
4	106	Seyun Yoon	24:06.8 B
5	109	Sabrina Wong	24:24.7 B
6	(116)	Sylvia Peng	25:08.1 B
7	(118)	Cynthia Chu	25:31.2 B

14. 384 Farmingdale HS (22:57.8 114:49.0 2:37.7)

=====

1	54	Cristina Maher	22:01.8 A
2	55	Samantha Giordano	22:02.1 A
3	68	Margaret Velez	22:24.0 A
4	94	Marisa Capucciati	23:41.6 A

5	113	Zoe Zeberski	24:39.5	A
6	(114)	Julia Maher	24:47.4	A
7	(121)	Jamayra Soto	25:58.5	A
=====				
15.	402	MacArthur HS	(23:01.3	115:06.2 2:55.4)
=====				
1	44	Nicolette Agostinacchi	21:37.2	A
2	72	Kierstan Gaertner	22:27.1	A
3	78	Kristen Politi	22:43.6	A
4	97	Jackie Marone	23:45.7	A
5	111	Courtney Minoque	24:32.6	A
=====				
16.	417	Great Neck North	(23:10.6	115:52.9 3:07.8)
=====				
1	33	Maya Muallem	21:13.9	B
2	75	Victoria Liu	22:29.3	B
3	100	Corinne Haber	23:52.9	B
4	101	Michelle Toker	23:55.1	B
5	108	Juliet Freudman	24:21.7	B
6	(117)	Ella Muallem	25:10.8	B
7	(120)	Ariela Frenkel	25:52.9	B
=====				
17.	428	Floral Park HS	(23:42.5	118:32.1 5:26.5)
=====				
1	20	Sarah Morgan	20:35.0	B
2	83	Aswathy Vinod	22:59.1	B
3	84	Fiona Comer	23:07.2	B
4	119	Maeve O'Sullivan	25:49.3	B
5	122	Emily McGovern	26:01.5	B
6	(123)	Julia Smith	26:14.9	B
=====				
18.	496	Locust Valley HS	(23:52.6	119:22.7 2:25.9)
=====				
1	69	Margaret Reid	22:24.2	B
2	103	Kristy Jahchan	24:02.1	B
3	104	Siobhan O'Neill	24:02.3	B
4	105	Madeline Casalino	24:04.0	B
5	115	Amanda Weiss	24:50.1	B
6	(124)	Paige Gugerty	26:32.9	B
=====				
19.	537	Mineola HS	(25:22.9	126:54.4 6:33.2)
=====				
1	67	Caroline Mueller	22:20.7	B
2	107	Marissa Karasz	24:12.8	B
3	112	Deborah Gabbay	24:35.6	B
4	125	Emily Skupp	26:51.4	B
5	126	Briana Galimi	28:53.9	B
6	(127)	Claudia Serna	29:07.2	B

Incomplete Teams:

Cold Spring Harb

Daniela LoCastro B

Oyster Bay HS

Nicole Giannetti C, Linda Cameron C, Laura Angelone C, Christina Masiakos
C

Division Avenue

Nicole Connolly B

Elmont HS

Zhaneia Thybulle A, Erika Feurtado A

Carey HS

Kathryn Veron B

Long Beach HS

Melissa Ward A, Jayne Hommel A

Glen Cove HS

Grace Blinkoff B, Thais Delima B

Plainedge HS

Joanna DeSousa B

Roslyn HS

Sarah Carbonaro B, Alyssa Neo B

Baldwin HS

Charlotte Gondre A

West Hempstead H

Kiera Donovan B

Herricks HS

Christina Litos A

East Rockaway HS

Carly Howard C

Clarke HS

Brianna Pereira B

Hewlett HS

Collette Davies B, Natalie Weintraub B

Valley Stream No

Rebekah Buon B, Miracle Onouha B

Valley Stream Ce

Alyssa Meltzer A

